

Track and Field 2010

(Updated 2010-04-12)

Date	Track Meet	Grades
April 17, Saturday	Sidney Club Meet	Grades 7-12
April 23, Friday	BC Christian School Championships in Abbotsford	Grades 8-12
April 24 & 25, Saturday & Sunday	North Island Secondary Schools Championships combined with Port Alberni Club Meet	Grades 7-12
May 5, Weds.	North Island Invitational in Courtenay School Meet	Grades 7-12
May 8, Saturday	Victoria Club Meet (we seldom attend because of the two Courtenay meets)	Grades 7-12
May 12, Weds.	Island Invitational in Courtenay School Meet	Grades 7-12
May 19 & 20, Weds. & Thursday	Island High School Track and Field Championships in Victoria	Grades 8-12
May 22 & 23, Saturday & Sunday	Nanaimo Club Meet and Grades 8-9 qualifications for BC Summer Games	Grades 7-12
June 4 & 5, Friday & Saturday	Provincial Championships in Burnaby	Grades 8-12
June 12, Saturday	Duncan Club Meet	Grades 7-12
June 26, Saturday	Courtenay Club Meet	Grades 7-12
July 22 through 25	BC Summer Games in Langley for Grades 8-9 who qualified at the Nanaimo trials	Grades 8-9

Athletes qualify for Islands as follows:

- Grades 8/9 & 10: the top 5 in each event at North Islands qualify to go to Islands
- Grades 11 & 12: automatically qualify for Islands

Athletes qualify for Provincials as follows:

- Grades 8/9: must meet published standards to qualify
- Grades 10, 11, & 12: the top 3 in each event at Islands qualify

Athletes qualify for BC Summer Games as follows:

- Grades 8 & 9: must qualify at the Nanaimo Club Meet